

# Practice News

## October Is Flu Jab Month

October is the start of the flu clinic sessions. Vaccinations are available through the NHS for all over 65 year olds and those people in the specified at risk groups only

### A few tips

- Dates are already advertised so please look at the web site or surgery notices
- You will need to remove coats and sweaters so you can expose your upper arm for the injection
- Please be patient. We have enough injections for the groups specified above. The first few clinics are always very over subscribed so traffic and parking can be difficult. By having open access to the clinic for your convenience, waiting times are unpredictable
- This clinic is for SEASONAL INFLUENZA VACCINATION ONLY. The H1N1 vaccine is not available at this time.



Prevention is better than the cure!!

## Broad Chalke Refurbishment

We are hoping work will soon start to upgrade the old dispensary in Broad Chalke. New shelving and desktop space will be created. The reception area will also be altered after discussion with our receptionist team. We hope this will improve working conditions and lighting.

Broad Chalke Surgery is an important part of the practice and we hope the alterations will allow staff to carry out administrative tasks here and free up space in Sixpenny Handley.

Contrary to persisting rumours there is no plan to close the Broad Chalke surgery!

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## Special points of interest:

- Seasonal Flu clinic starts in October 2009
- SWINE flu vaccination dates still not announced by the Department of Health. See back page
- Becky Gale our HCA working in the community is leaving us at the end of September to start work in Wareham in occupational therapy. We wish a lot of luck and are grateful to her for all her dedicated and hard work
- Julia McIntosh has now started working with us. She is our new and most welcome Health visitor

## Travelling Tales

The travel clinic is for the benefit of our patients, to give travel advice and to provide medication including relevant immunisation for people travelling abroad.

If you are in this position and require advice please speak to one of our receptionists who will explain the process.

It is a service that we are happy to provide but as with many things in life there are limitations.

It cannot safely be extended to include temporary residents because we are not in possession of the most recent medical information contained in that person's written and electronic notes. These are held by the doctor with whom they are fully registered.



### Healthy Travel

**If you cannot wash it cook it or peel it then bin it. Travellers diarrhoea is preventable**

Temporary residents should seek advice from their own GP, contact MASTA and obtain immunisation from one of the "last minute" clinics

## Bowerchalke Thursday Club

The Thursday Club is for anyone in Wiltshire / Hampshire part of our practice area who is over 65 and looking for a lively, entertaining day out at the Bowerchalke Village Hall.



The day starts at 10 am, includes a cooked lunch and finishes at 3 pm. Transport can be arranged if necessary. Cost of the day is £6. Contact details Jill Stevens 01722 781040

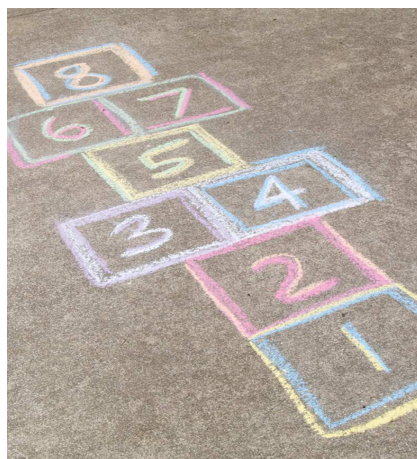
## Do you know your NHS number?

The NHS number is a ten digit number which is unique to you.

If you are uncertain, please ask at the reception desk.

### WHY IS IT IMPORTANT?

From September of this year you will be recognised by your NHS number. So if you visit a hospital or other NHS establishment other than your local surgery, you will be required to quote your unique number



### HOW TO FIND YOUR NHS NUMBER?

Ask any member of staff at the surgery.

Any letters sent to you should include your NHS number.

Look at the right hand side of your script when you come to collect repeat medication.

**Also please let us know if your personal details have changed so we can update our records**

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# Dorset Partnership for Older People Project (POPP)

Dorset Partnership for Older People Project (POPP) is a partnership between older people, voluntary organisations, Dorset County Council and NHS Dorset. Our aim is to support neighbourhoods where older people can live and receive help and stay within their local community for as long as they wish.

A community initiatives fund is available to provide funding to support the development or expansion of local activities and opportunities for those aged 50+.

As a Community Leader Monica Thisby's role is to help and support the process of obtaining funding, also to challenge and change the way that services are provided locally and across the county.

The role of the Wayfinder (Derek Ashley) is to signpost people to services and information.

We have a 'Drop In' at the Parish office, Sixpenny Handley on the last Thursday of each month 10am to 12 mid day. Anyone over 50 yrs can drop in to ask for advice on any matters also more information can be given ref: funding for activities.

## Contact details

Community Leader

monica.thisby@helpandcare.org.uk

telephone: 07825206063

**Drs Nodder Morgan & Taubman**

The Surgery  
Dean Lane  
Sixpenny Handley  
Salisbury SP5 5PA

Phone: 01725 552500

Fax: 01725 552029

Dispensary 01725 552589



The practice serves the area bounded by the Tarrant Valley *to the West*; the Salisbury/Shafesbury Road (more or less) *to the North*; Long Crichel, Cranborne, Martin and Coombe Bissett *in the South*.

We have two fully equipped surgeries with full disabled access. Broad Chalke tends to serve the Chalke Valley and Sixpenny Handley the remainder. You are welcome to attend either surgery. Sixpenny Handley is the administrative centre for the practice and the Practice Manager is based there. All members of the core clinical team are available at both surgeries at various times.

	Sixpenny Handley Surgery			Broad Chalke Surgery	
	AM	PM		AM	PM
Monday	8.00-1.00	2.00 - 6.15	6.30-8.30	8.00 - 1.00	2.00 - 6.15
Tuesday	8.00-1.00	Closed		8.00 - 1.00	2.00 - 6.15
Wednesday	8.00-1.00	2.00 - 6.15		8.00 - 1.00	Closed
Thursday	8.00-1.00	2.00 - 6.00		8.00 - 1.00	2.00 - 6.15
Friday	8.00-1.00	2.00 - 6.15		8.00 - 1.00	2.00 - 6.00
Saturday	Closed				

## Swine Flu Update!

We hope the Swine Flu Clinics will start in November. Please look out for notices in the Sixpenny Handley Village Shops, Broad Chalke Butcher and the surgeries. Details will also be posted on the surgery web site.

The first wave of clinics will target **ONLY** those in the at risk groups set by the Department of Health

The following groups are prioritised for vaccination. **1. Individuals aged six months and up to 65 years in the current seasonal flu vaccine clinical at risk groups**

**2. Pregnant women, subject to licensing conditions on stage of pregnancy**

**3. Household contacts of immune-compromised individuals**

**4. People aged 65 and over in the current seasonal flu vaccine clinical at risk groups.**

These groups have been identified because they are at highest risk of severe illness should they contract the swine flu virus.

## Christmas Medication

**Please ensure your medications are ordered by the 21st December at 3pm for collection prior to the Christmas break**

**Smokestop clinics run on Monday evenings. Please ask for details at reception**